



The City of Carlsbad Recreation Department currently has an opening for an
AQUATIC TRAINEE \$8.00 per hour
Deadline: 11/14/2008

Definition: Position is an hourly, limited-term position under the supervision of the Aquatic Supervisor. The Trainee will become familiar with lifeguarding and water safety instruction, improve physical, mental and communication skills while developing the maturity needed to be an Instructor/Lifeguard; The Trainee will gain American Red Cross certification in Lifeguard Training, CPR for the Professional Rescuer, Title 22 First Aid and Water Safety Instructor and will learn the City of Carlsbad Aquatic's policies and procedures and do related work as required.

Examples of Duties: Attend and actively participate in American Red Cross Lifeguard Training, CPR, Title 22 First Aid, and Water Safety Instructor training.

Desireable Qualifications: Be at least 16 years of age by March 21, 2009; successfully pass the swim test, show interest in and knowledge of aquatics, demonstrate maturity and responsibility,

Requirements: **Must be available 25 or more hours per week for employment as an Instructor/Lifeguard for 8 weeks of the summer of 2009. Ability to:** swim with proficiency and endurance. meet and deal tactfully and effectively with the public, work cooperatively with others, analyze situations and adopt a quick and effective course of action, follow through on commitments.

Special Conditions: Must be available to work a flexible schedule, including some weekends, holidays and split-shifts, dependent upon training program needs. Total work hours may not exceed 1,000 hours from July 1 to June 30th the following year.

APPLICATION PROCEDURE:

1. Application and **supplemental questionnaire** form may be obtained from and submitted to: Monroe Street Pool, 3401 Monroe Street, Carlsbad, 92008 (760) 602-4685.
 - a. Candidates will be evaluated on the basis of the submitted application, supplemental questionnaire, and written and physical skill tests which may include: Swim 300 meters continuously, using front crawl and breaststroke; Surface dive to a depth of 10 feet, retrieve a 10 pound object, return to the surface, and swim 20 yards with the object; tread water for 1 minute using legs only; demonstrate surface dives and underwater swimming; swim the following strokes in good form- breaststroke, front crawl, back crawl, sidestroke, and elementary backstroke.
 2. An interview of those best qualified will be used to rank the applicants for final selection.
- DEADLINE:** Application must be turned in by 11/14/2008.

FOR MORE INFORMATION: Contact the Monroe Street Pool @ (760) 602-4685:

www.carlsbadca.gov/hr

EQUAL OPPORTUNITY/AFFIRMATIVE ACTION EMPLOYER

WE CREATE COMMUNITY THROUGH PEOPLE, PARKS AND PROGRAMS

**CITY OF CARLSBAD RECREATION - AQUATIC TRAINEE POSITION
SUPPLEMENTAL QUESTIONNAIRE**

1. Please study the attached syllabi upon which the Aquatic Trainee position is based. Sign and date below to indicate that you are available to attend all Lifeguard Academy dates and one of the WSI courses.

Note that there are 2 separate WSI courses to choose from. Indicate the one that best suits your schedule.

1st course (2/28-3/21)_____ OR 2nd course (3/28 – 5/2) _____

Applicant Signature: _____ Date: _____

- 1) Briefly describe your employment and educational goals for the next 2 years.

- 2) How do you feel the Aquatic Trainee position will assist you in realizing the goals described above?

- 3) During which of the following dates/times would you be willing to supplement your Water Safety Instructor course training by serving as an instructor assistant in the Carlsbad Aquatics spring swim lesson sessions? Indicate "yes" by placing a check mark next to the sessions for which you are available:

Session WA M/W/F 3/13/09 – 4/3/09

☐ 10:30 AM ☐ 11 AM ☐ 3 PM ☐ 3:30 PM ☐ 4 PM

Session WB T/TH 3/17/09 – 4/23/09 (no class 4/7 and 4/9)

☐ 10:30 AM ☐ 11 AM ☐ 3 PM ☐ 3:30 PM ☐ 4 PM

Session WC M/W/F 4/13/09 – 5/4/09

☐ 10:30 AM ☐ 11 AM ☐ 3 PM ☐ 3:30 PM ☐ 4 PM

Session WD S/SN 4/18/09 – 5/17/09

☐ 4:05 PM ☐ 4:40 PM

Session WE T/TH 4/28/09 – 5/28/09

☐ 10:30 AM ☐ 11 AM ☐ 3 PM ☐ 3:30 PM ☐ 4 PM

Session WF M/W/F 5/8/09 – 6/1/09 (no class 5/25)

☐ 10:30 AM ☐ 11 AM ☐ 3 PM ☐ 3:30 PM ☐ 4 PM

- 4) Please indicate any activities, along with dates and times, that would take priority over employment between June 12, 2009 and August 23, 2009:

CARLSBAD LIFEGUARD ACADEMY 2009 SYLLABUS

PREREQUISITES:

- ❑ Students must be at least 15 years of age at the time the Academy begins.
- ❑ Students must be able to pass the following swimming skills on the first day:
 1. Swim 300 meters continuously, using front crawl and breaststroke;
 2. Surface dive to a depth of 10 feet, retrieve a 10 pound object, return to the surface, and swim 20 yards with the object.

CLASS REQUIREMENTS:

- ❑ Students must achieve a score of 80% or better on all exams in order to complete the academy.
- ❑ No more than 2 absences are permitted; all absences are discouraged. If a third absence occurs the student may be dropped from the course. Students are responsible for all material presented.
- ❑ All assigned reading must be completed prior to each class session as stated in the syllabus.
- ❑ Any questions regarding the information contained in this syllabus should be taken up with the instructors.
- ❑ Cheating will not be tolerated and may result in dismissal from the course.

CLASS LOCATIONS:

- ❑ The first class meeting and the Lifeguard Training portion will be held at the Monroe Street Pool, 3401 Monroe Street, Carlsbad. (760) 602-4685.

Date: Tuesday, January 6, 2009
TEST

Time: 6:00 p.m. – 9:15 p.m. **PRE-COURSE SWIM**

Date: Thursday, January 8, 2009

Time: 6:00 p.m. – 9:00 p.m.

Date: Saturday, January 10, 2009

Time: 8:00 a.m. – 12:00 noon

Date: Tuesday, January 13, 2009

Time: 6:00 p.m. – 9:00 p.m.

Date: Thursday, January 15, 2009

Time: 6:00 p.m. – 9:15 p.m.

Date: Saturday, January 17, 2009

Time: 8:00 a.m. – 12:00 noon

Date: Tuesday, January 20, 2009

Time: 6:00 p.m. – 9:00 p.m.

Date: Thursday, January 22, 2009

Time: 6:00 p.m. – 9:15 p.m.

Date: Saturday, January 24, 2009

Time: 8:00 a.m. – 12:00 noon

Date: Tuesday, January 27, 2009

Time: 6:00 p.m. – 9:00 p.m.

Date: Thursday, January 29, 2009

Time: 6:00 p.m. – 9:00 p.m.

Date: Saturday, January 31, 2009

Time: 8:00 a.m. – 12:00 noon

Date: Tuesday, February 03, 2009

Time: 6:00 p.m. – 9:00 p.m.

Date: Thursday, February 05, 2009

Time: 6:00 p.m. – 9:15 p.m.

Date: Saturday, February 7, 2009 **Time:** 8:00 a.m. – 12:00 p.m.

Date: Tuesday, February 10, 2009

Time: 6:00 p.m. – 9:15 p.m.

Date: Thursday, February 12, 2009

Time: 6:00 p.m. – 9:15 p.m.

Date: Tuesday, February 17, 2008

Time: 6:00 p.m. – 9:15 p.m.

Date: Thursday, February 19, 2009

Time: 6:00 p.m. – 9:15 p.m.

Date: Saturday, February 21, 2009

Time: 8:00 a.m. – 12:00 noon

CITY OF CARLSBAD RECREATION

AMERICAN RED CROSS WATER SAFETY INSTRUCTOR COURSE (R.04)

OUTLINE/SYLLABUS 09A

Saturday	Date: 2-28-09	Time: 10:00 AM - 12:00 PM	PRE-COURSE SESSION
Tuesday	Date: 3-3-09	Time : 6:00 PM - 9:00 PM	FIT COURSE
Thursday	Date: 3-5-09	Time : 6:00 PM - 9:00 PM	FIT COURSE

Saturday	Date: 3-7-09	Time: 9:15 AM - 12:30 PM
Sunday	Date: 3-8-09	Time: 3:30 - 6:45 PM
Tuesday	Date: 3-10-09	Time: 6:00 - 9:15 PM
Thursday	Date: 3-12-09	Time: 6:00 - 9:15 PM
Saturday	Date: 3-14-09	Time: 9:15 am-12:30 PM
Sunday	Date: 3-15-09	Time: 3:30 to 6:45 PM
Tuesday	Date: 3-17-09	Time: 6:00 - 9:15 PM
Thursday	Date: 3-19-09	Time: 6:00 - 9:15 PM
Saturday	Date: 3-21-09	Time: 9:15 AM - 12:30 PM
Saturday	Date: 3-21-09	Time: 1:30 - 4:30 PM

OUTLINE/SYLLABUS 09B

Saturday	Date: 3-28-09	Time: 10:00 AM - 12:00 PM	PRE-COURSE SESSION
Tuesday	Date : 4-14-09	Time : 6:00 PM - 9:00 PM	FIT COURSE
Thursday	Date : 4-16-09	Time : 6:00 PM - 9:00 PM	FIT COURSE

Saturday	Date: 4-18-09	Time: 9:15 AM - 12:30 PM
Sunday	Date: 4-19-09	Time: 3:30 - 6:45 PM
Tuesday	Date: 4-21-09	Time: 6:00 - 9:15 PM
Thursday	Date: 4-23-09	Time: 6:00 - 9:15 PM
Saturday	Date: 4-25-09	Time: 9:15 am-12:30 PM
Sunday	Date: 4-26-09	Time: 3:30 to 6:45 PM
Tuesday	Date: 4-28-09	Time: 6:00 - 9:15 PM
Thursday	Date: 4-30-09	Time: 6:00 - 9:15 PM
Saturday	Date: 5-2-09	Time: 9:15 AM - 12:30 PM
Saturday	Date: 5-2-09	Time: 1:30 - 4:45 PM